Harms and harm reduction workbook

Country X

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When responding to the workbook, please be certain to include in brackets the question numbers, e.g. (TO.1.1), to allow the EMCDDA to identify the relevant parts. Include these numbers for all mandatory questions and optional questions that you have answered. It is not necessary to enter the question numbers for optional questions that you do not answer.

T0. Summary

Please provide an abstract of this workbook (target: 500 words) under the following headings:

- National profile
- Trends
- New developments

T1. National profile

T1.1 Drug-related deaths
The purpose of this section is to

- Provide a commentary on the numbers of drug-induced deaths, i.e. monitoring of fatal overdoses

- Provide a commentary, if information is available, on mortality among drug users, i.e. findings from cohort studies

- Provide contextual information to the numerical data submitted through ST5/ST6 and ST18

Please structure your answers around the following questions.

T1.1.1 Please comment on the numbers of overdose deaths provided to the EMCDDA in ST5/ST6. Please comment on the numbers of cases and break down by age, gender and intentionality. (Suggested title: Overdose deaths)

T1.1.2 If information is available, please comment on the substances involved in the overdose cases. If detailed toxicology is reported to the EMCDDA, please comment and elaborate on these findings. If detailed toxicology is not reported, please explain why and comment on available information. (Suggested title: Toxicology of overdose deaths)

*T1.1.3 **Optional**. Please comment on the overall and cause specific mortality rates observed through cohort studies among drug users.*
If detailed results from the cohorts are available and reported in ST18, please comment considering age and gender breakdown where appropriate. If detailed findings are available and not reported in ST18 (e.g. reference to published paper without direct access to the raw data) please comment on the available information.
(Suggested title: Mortality cohort studies)

*T1.1.4 **Optional**. Please provide any additional information you feel is important to understand drug related deaths within your country.*
(Suggested title: Additional information on drug-related deaths)

T1.2 Drug related acute emergencies
The purpose of this section is to

- Provide a commentary on the numbers of drug-related acute emergencies

Please structure your answers around the following questions.

T.1.2.1 Is information on drug-related acute emergencies available in your country?
If yes, please provide the definition of drug-related acute emergencies used and, if available, an overview of the monitoring system in place.
(Suggested title: Drug-related acute emergencies)

T.1.2.2 If information is available, please provide a commentary on the numbers of drug-related acute emergencies by main illicit substances, e.g. cannabis, heroin/ other opioids, cocaine, amphetamine type stimulants, new psychoactive substances.
Where appropriate please provide links to the original reports and studies.
(Suggested title: Toxicology of drug-related acute emergencies)

*T.1.2.3 **Optional**. Please provide a commentary on any additional information you feel is important to understand drug-related acute emergencies data within your country.*
(Suggested title: Additional information on drug-related acute emergencies)

T1.3 Drug related infectious diseases
The purpose of this section is to

- Provide a commentary on the prevalence, notifications and outbreaks of the main drug-related infectious diseases among drug users, i.e. HIV, HBV and HCV infections in your country

- Provide contextual information to the numerical data submitted through ST9 including prevalence and behavioural data (e.g. sharing syringes)

- Provide a commentary, if information is available, on the prevalence/outbreaks of other drug related infectious diseases, e.g. STIs, TB, anthrax, hepatitis A

Please structure your answers around the following questions.

T.1.3.1 Please comment on the prevalence among drug users and on notifications of the main drug related infectious diseases (HIV, HBV, HCV) provided to the EMCDDA.
(Suggested title: Main drug-related infectious diseases among drug users – HIV, HBV, HCV)

*T.1.3.2 **Optional** Please comment on notification data (e.g. notification of new HIV and AIDS cases among drug users)*
Short descriptions of outbreaks/clusters, specific surveys or other relevant data can be reported here.
(Suggested title: Notifications of drug-related infectious diseases)

*T.1.3.3 **Optional**. Please comment on any information on prevalence of HIV, HBV, HCV among drug users from other sources. Where appropriate please provide links to the original studies.*
(Suggested title: Prevalence data of drug-related infectious diseases outside the routine monitoring)

*T1.3.4 **Optional** Please comment on available behavioural data (e.g. sharing, slamming…) Where appropriate please provide links to the original studies.*
(Suggested title: Drug-related infectious diseases - behavioural data)

*T.1.3.5 **Optional**. Please provide, if information is available, a comment on the prevalence of other infectious diseases e.g. STIs, TB among drug users. Where appropriate please provide links to the original studies.*
(Suggested title: Other drug-related infectious diseases)

*T1.3.6 **Optional**. Please provide any additional information you feel is important to understand patterns and trends in drug related infectious diseases within your country.*
(Suggested title: Additional information on drug-related infectious diseases)

T1.4 Other drug-related health harms
The purpose of this section is to provide information on any other relevant drug related health harms.

Please structure your answers around the following question.

*T.1.4.1 **Optional**. Please provide additional information on other drug-related health harms including co-morbidity.*
(Suggested title: Other drug-related health harms)

T1.5 Harm reduction interventions
The purpose of this section is to

- Provide an overview of how harm reduction is addressed in your national drug strategy or other relevant drug policy document

- Describe the organisation and structure of harm reduction services in your country

- Comment on the harm reduction provision (activities/programmes currently implemented)

- Provide contextual information useful to understand the data submitted through SQ23/ST10.

Please structure your answers around the following questions.

T1.5.1 Please summarise the main harm reduction-related objectives of you national drug strategy or other key drug policy document (cross-reference with the Policy workbook)
(Suggested title: Drug policy and main harm reduction objectives)

T1.5.2 Please describe the structure of harm reduction service organisation in your country, including comment on its relationship to the treatment service provision system and the extent to which these are integrated or operate separately. Where possible, please refer to the EMCDDA drug treatment system map (see Treatment workbook) to identify the range of treatment providers that are also delivering harm reduction services.
(Suggested title: Organisation of Harm reduction services)

T1.5.3 Please comment on the types of harm reduction services available in your country and the scale of provision, as reported to the EMCDDA in SQ23/ST10. Please structure your answer to include services targeting drug overdose and other deaths, emergencies and drug related infectious diseases. For a list of relevant interventions see http://www.emcdda.europa.eu/publications/ecdc-emcdda-guidance and http://www.emcdda.europa.eu/scientific-studies/2012/preventing-overdoses.
(Suggested title: Harm reduction services)

*T1.5.4 **Optional**. Where possible, provide any contextual information helpful to understand the estimates provided in ST10 'Syringe availability' and ratings in SQ23 'Prevention and Reduction of Health-Related Harm associated with drug use'.*
(Suggested title: Contextual information on routine harm reduction monitoring)

*T1.5.5 **Optional**. Please provide any additional information you feel is important to understand harm reduction activities within your country.*
Information on services outside the categories of the 'treatment system map' may be relevant here (e.g. services in pharmacies/dedicated to HIV/AIDS or other drug related infectious diseases testing sites not linked to hospitals, e.g. other types of facilities offering testing of infectious diseases targeting people who use drugs, or drugs/outreach activities not covered above.
(Suggested title: Additional information on harm reduction activities)

T1.6 Targeted interventions for other drug-related health harms

The purpose of this section is to provide information on any other relevant targeted responses to drug-related health harms

Please structure your answers around the following question.

*T.1.6.1 **Optional**. Please provide additional information on any other relevant targeted health interventions for drug-related health harms.*
(Suggested title: Targeted interventions for other drug-related health harms)

T1.7 Quality assurance of harm reduction services

The purpose of this section is to provide information on quality system and any national harm reduction standards and guidelines.

Note: cross-reference with the Best Practice Workbook.

Please structure your answers around the following question.

*T.1.7.1 **Optional**. Please provide an overview of the main harm reduction quality assurance standards, guidelines and targets within your country.*
(Suggested title: Quality assurance for harm reduction services)

T2. Trends

The purpose of this section is to provide a commentary on the context and possible explanations of trends in drug related harms and responses data.

Please structure your answers around the following questions.

T.2.1 Please comment on the possible explanations of short term (5 years) trends in the following data sets, including any relevant information on changes in specific sub-groups:
      a) drug-induced deaths among adults
      b) prevalence and notifications of infections, e.g.
            i) newly diagnosed HIV cases with drug use as a risk group
            ii) notifications of AIDS cases related to injecting drug use…
      c) drug-related acute emergencies
      d) numbers of syringes distributed to injecting drug users
For example, changes in demography, in prevalence and patterns of drug use, in policy and methodology.
(Suggested title: Short term trends in drug-related harms and harm reduction services)

*T.2.2 **Optional.** Please comment on the possible explanations of long term (greater than 5 years) trends in the following data sets, including any relevant information on changes in specific sub-groups:*

a) drug-induced deaths among adults
b) prevalence and notifications of infections e.g.
i) newly diagnosed HIV cases with drug use as a risk group
ii) notifications of AIDS cases related to injecting drug use
c) drug-related acute emergencies
d) numbers of syringes distributed to injecting drug users
For example, changes in demography, in prevalence and patterns of drug use, in policy and methodology.
(Suggested title: Long term trends in drug-related harms and harm reduction services)

*T.2.3 **Optional**. Please comment on the possible explanations of long term trends and short term trends in any other drug related harms data that you consider important.*
(Suggested title: Additional information on any other drug related harms data)

T3. New developments

The purpose of this section is to provide information on any notable or topical developments observed in drug related harms and harm reduction in your country **since your last report.**

T1 is used to establish the baseline of the topic in your country. Please focus on any new developments here.

If information on recent notable developments have been included as part of the baseline information for your country, please make reference to that section here. It is not necessary to repeat the information.

Please structure your answers around the following questions.

T.3.1 Please report on any notable new or topical developments observed in drug related deaths in your country since your last report.
(Suggested title: New developments in drug-related deaths)

T.3.2 Please report on any notable new or topical developments observed in drug related infectious diseases in your country since your last report.
(Suggested title: New developments in drug-related infectious diseases)

T.3.3 Please report on any notable new or topical developments observed in harm reduction interventions in your country since your last report.
(Suggested title: New developments in harm reduction interventions)

T4. Additional information

The purpose of this section is to provide additional information important to drug related harms and harm reduction in your country that has not been provided elsewhere.

Please structure your answers around the following questions.

*T.4.1 **Optional**. Please describe any important sources of information, specific studies or data on drug related harms and harm reduction that are not covered as part of the routine monitoring. Where possible, please provide published literature references and/or links.*
(Suggested title: Additional Sources of Information.)

T5. Notes and queries

The purpose of this section is to highlight areas of specific interest for possible future elaboration. Detailed answers are not required.

Please structure your answers around the following questions.

Yes/No answers required. If yes please provide brief additional information.

T.5.1 Is there any evidence of an increase in acute emergencies or deaths related to stimulants? If yes, please provide links or references to further information if available.

T6. Sources and methodology.

The purpose of this section is to collect sources for the information provided above, including brief descriptions of studies and their methodology where appropriate.

Citations and references for this workbook should only appear in the overall bibliography for the National Report, as described in the guidelines for reporting.

Please structure your answers around the following questions.

T.6.1 Please list notable sources for the information provided above.
(Suggested title: Sources.)

T.6.2 Where studies or surveys have been used please list them and where appropriate describe the methodology.
(Suggested title: Methodology.)